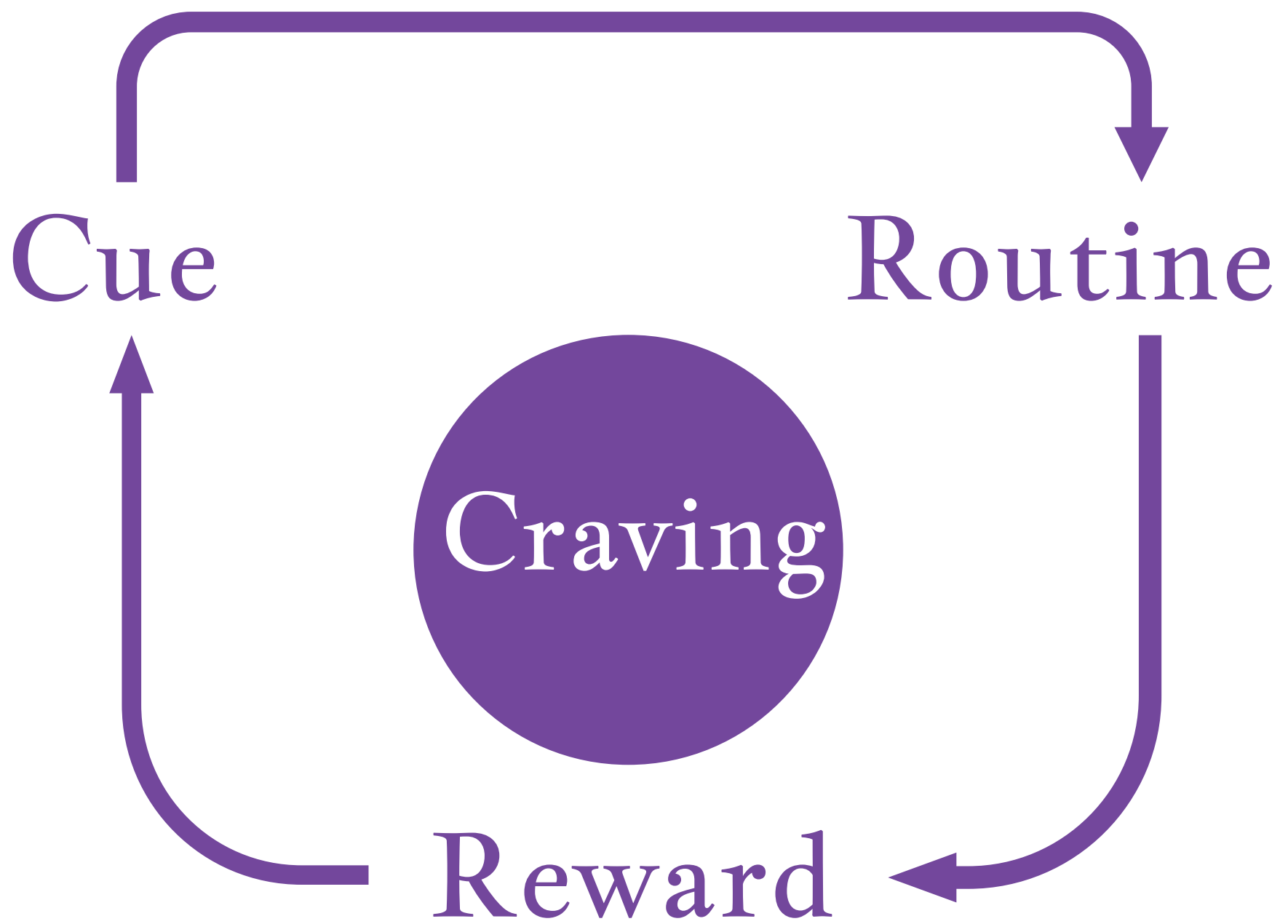


The Habit Loop



Charles Duhigg

